

SSJ takes a winter break until the first day of Spring 2025 classes.

Refer to pikespeak.edu/ssj or your PPSC email for a digital edition with live links.



You've Got This, Arnie's Rooting for You!

Good luck on finals, PPSC rockstars! We know chasing your dreams takes serious dedication, and we're here cheering you on every step of the way. Need a little extra support? Don't forget—we've got your back with resources to help you stay strong, inside and out.

BetterMynd Telehealth Service

Feeling overwhelmed? Call BetterMynd's 24/7/365 crisis hotline and connect with a supportive counselor who's ready to help anytime.

Crisis Hotline: 844-BTR-MYND (844-287-6063)

Canvas Community Food Pantry

Fuel up! Swing by our free food pantry, no ID or proof of need required.

Centennial, A312 | Mon–Fri, 8–5pm

Downtown, S122 | Wed–Fri, 10–4pm

Rampart, N204 | Mon, 8–5pm | Tue–Thur, 12–5pm

DIY Finals Survival Kits

Take a break and treat yourself! Pick from bath and body care, affirmations, craft kits, study snacks, and more. *Note these rescheduled dates:*

~~Nov-19~~ → Dec. 3 | 10am–1pm

Downtown, Learning Commons

~~Nov-18~~ → Dec. 5 | 12–2pm | CHES, Lobby

SERVICES & RESOURCES



DEI TRAINING

Tue, Nov 26 | 10am–12pm
Centennial, A140 or Zoom

Join Career Services and Student Experience for a Diversity, Equity, and Inclusion (DEI) training session. This workshop will explore the meaning of DEI and our role in supporting these efforts. Open to all students, staff, and faculty, the session is part of the student employment series that highlights important topics. *Scan the QR code to join via Zoom. Contact career@pikespeak.edu or call 719-502-2360 for more information.*

KUDOS TO PPSC TEAMS AT THE UCCS ETHICS CASE COMPETITION!

Congratulations to PPSC students **Rylee Dextras** & **Dawson Rowbotham** for earning 2nd place and **Lauren Singleton, Jesper Sandeen, & Aidan Smith** for taking 3rd place in the Undergraduate 2-Year Track at the 2024 UCCS Ethics Case Competition! Special thanks to their faculty advisor, **Monica Novack**, for her guidance. Competing against 22 teams, they showcased outstanding ethical decision-making and presentation skills. Help us celebrate their achievement!

ACADEMIC OPPORTUNITIES



STUDENT TRAVEL GRANTS AVAILABLE

Apply Anytime!

Student clubs, organizations, groups, and their advisors can now apply for grants from Student Experience & Equity to fund student travel opportunities! These grants support off-campus, co-curricular activities related to students' fields of study or areas of interest.

Check the application for deadlines.

Scan the QR code to view the application.



HOSPITALITY & RESORT MANAGEMENT VIRTUAL INFORMATION SESSION

Wed, Dec 4 | 6–7pm | Virtual

Explore PPSC's Hospitality & Resort Management program in this virtual info session! Learn about program offerings, career opportunities, and the growing demand for skilled professionals in this dynamic field. Gain valuable insights, ask questions, and discover diverse career paths.

Scan the QR code to register. For more info, contact herman.crawford@pikespeak.edu or call 719-502-3312.



NURSING INFO SESSION

Wed, Dec 18 | 5–6pm | CHES, 106

Pre-nursing students are invited to an info session about the Associate Degree of Nursing program. Learn about the application process, prerequisite classes, and more. This is a great opportunity to get all your questions answered about the program.

Contact nursing@pikespeak.edu for more information. Learn more by scanning the QR code.

PPSC TO UCCS TRANSFER INFORMATION SESSION

Tues, Dec 10 | 11am–2pm | Rampart, S205

Are you thinking about transferring to UCCS? Join us for an informal session where you can meet with advisors from PPSC and UCCS to discuss the transfer process, ask questions, and get personalized advice. No presentations—just one-on-one support for your transfer journey!

Contact lisa.rosenberg@pikespeak.edu for more information.

NEW COURSE: IHP 2050 YOGA TEACHER TRAINER RYT200

Starts Jan 21 | Downtown Campus

Register for IHP 2050-05A this spring to complete the Yoga Teacher Training course, approved by Yoga Alliance. Classes meet Tuesday, Wednesday, and Thursday evenings from 5–7:30pm, and Saturdays from 8am–4pm. Don't miss this annual opportunity to become a certified yoga instructor.

Contact kristi.ramey@pikespeak.edu for more information.

KUDOS TO THE PPSC STERILE PROCESSING PROGRAM!

The Senate of the Colorado Legislature has officially declared congratulations and commendation for PPSC's Sterile Processing Program on Oct 14, 2024. This recognition highlights the exceptional launch of the new SPI program and its importance to healthcare education in Colorado. Help us celebrate this achievement and the program's impact on our community!

EVENTS & ACTIVITIES

FALL 2024 STUDENT ART EXHIBITION

Dec 4–Jan 17 | Downtown, Gallery at Studio West

Explore the incredible talent of PPSC students at the Fall 2024 Student Art Exhibition, featuring artwork from ART, PHO, and MGD courses.

The exhibition runs from Dec 4 to Jan 17, with a special reception on Fri, Dec 6, from 5–7pm, including awards at 6pm. *For more information, contact madeline.zeikus@pikespeak.edu.*



BE THE 2025 PPSC COMMENCEMENT SPEAKER!

Submissions Due Fri, Feb 14

Graduating this Spring 2025 or recently graduated in the 2024–2025 Academic Year? Share your inspiring story on the big stage at the 2025 PPSC Commencement Ceremony on May 17 at the Broadmoor World Arena. Applicants will be evaluated on community impact, speech content, public speaking ability, academic performance, and more. The selected speaker will receive one-on-one public speaking coaching from Communication Department experts, a complimentary professional headshot, and a feature in the 2025 PPSC Commencement Program. *Scan the QR code to apply. Contact commencement@pikespeak.edu for more info.*

Timeline:

Submissions Deadline: Fri, Feb 14

Finalists Contacted: Week of Feb 24

Virtual Speech Presentations: Mar 3–14

Winner Announced: Week of Mar 17

CLUBS

QUEER EMPOWERMENT WHITE ELEPHANT GIFT EXCHANGE

Fri, Dec 6 | 12:30pm | Centennial, A351

Gifts should be under \$20. We want to see you get creative! *Contact sheer.birchfield@student.cccs.edu for more information.*

BLACK STUDENT UNION

Tues, Dec 3 | 3–4pm

Centennial, Learning Commons, A200v

Join the Black Student Union for meetings every other week as we strive to cultivate a sense of belonging for each student. All students and faculty are invited to attend. *Got questions? Contact mharvin@student.cccs.edu or 719-360-7943.*

NAVIGATORS BIBLE STUDY

Every Tuesday | 10–11 am | Centennial, The Grove

Any student interested in Bible study and fellowship is welcome! Join us for weekly sessions where we study the Bible together, support and encourage one another, and enjoy fellowship as believers.

Contact sjung20@student.cccs.edu with questions.

KARAOKE EN ESPAÑOL

Tue, Nov 26 | 3–5pm | Centennial, The Grove

Join Armonía Hispana for an incredible Spanish Karaoke event! Whether you're ready to take the stage or just want to cheer on others, this event is all about fun, music, and community. Don't miss out on the chance to sing your heart out and celebrate Hispanic culture! *For more information, contact miguel.navarro@pikespeak.edu.*